ADAMS MARKET

Express It!
- Veggies with hummus
- Yogurt parfaits
- Fresh fruit (whole)
- Fresh vegetables
- Plain salad
- Microwavable frozen meals
- Microwavable frozen vegetables
- Variety of convenience store items

The Hatch
- Corn on the cob
- Mashed potatoes

BENNETT HALL

Fast Break
- Yogurt parfaits
- Fresh fruit (whole)
- Veggies with hummus
- Peanut Butter Snack
- Hard boiled eggs
- Variety of convenience store items

Slam Dunk
- Create-your-own sandwich or salad
- Grilled three-cheese sandwich
- Macaroni and cheese bowl
- Strawberry banana smoothie
- Fresh fruit (whole)

KERR-DRUMMOND

Country Barbeque Co.
- The Pioneer
- Baked or sweet potato
- Macaroni and cheese
- Green bean salad
- Potato salad or coleslaw
- Jalapeño corn bread
- Any sandwich, wrap or spud can be made vegetarian or vegan

Linguetti’s
- Create-your-own fresh pasta or pasta bake
- Tortellini with Cowboy Sauce
- Cheese or vegetable pizza
- Veggie calzone
- Salad
- Six-cheese pasta bake
- French fries or cheese fries
- Bruschetta
- Breadsticks with cheese

Twenty Something
- Tasty Bites® Microwavable Meals
- Microwavable frozen meals
- Microwavable frozen vegetables
- Kize Bars
- Fresh fruit (whole)
- Fresh vegetables
- Veggies with hummus
- Yogurt parfaits
- Energy on the Go
- Plain salad
- Variety of convenience store items

Which Wich
- Create-your-own sandwich
- Avocado sandwich
- Tomato and avocado sandwich
- Black bean patty sandwich
- Hummus sandwich

NORTH DINING

B & B, Co.
- Waffles
- Healthy Hash
- Cheese omelet
- Breakfast quesadilla (no meat)
- Scrambled eggs
- Wheat toast
- Morning potatoes
- Fresh-cut fruit
- Fresh-squeezed orange juice

- Swiss ‘Shroom Burger
- Tater tots or cheese tots
- Starbucks coffee and espresso

Dash
- Greek yogurt or ice cream smoothies
- Frozen lemonade

The Natural
- Margherita panini
- Sunbutter, banana and honey panini
- Sunbutter and grape jelly panini
- Sunbutter and jelly cold sandwich
- Red lentil pasta with marinara
- Customize any salad, gluten-free pasta bowl, flatbread pizza or panini sandwich to be made without meat and with vegan cheese

Road Trip
- Create-your-own pizza or mac and cheese

Zest
- Create-your-own piadina, bowl or salad
- Zest stick
- Hummus
- Bruschetta
- Couscous salad
- Kale tabouli

STUDENT UNION

Bread & Beyond Deli
- Create-your-own sandwich
- Egg salad sandwich
- Hummus sandwich

Items listed in green are vegan
Caribou Coffee
- Coffee or tea
- Specialty drinks
- Oatmeal
- Muffin or cookie
- Yogurt parfaits
- Bagels
- Fresh-cut fruit
- Veggies with hummus
- Celery or carrot sticks

Johnny Rockets
- Streamliner Veggie Burger
- Udi’s Gluten-Free Bun available

Mambo Italiano
- Cheese or vegetable pizza
- Pasta with marinara or alfredo sauce

Passport
- Basmati or brown rice
- Vegetable fried rice
- Rotating weekly menu with at least one vegetarian and one vegan option

Shake Smart
- Shakes and smoothies (choice of milk)
- Bowls Made Your Way (choice of milk)
- Peanut butter or almond butter sandwich

Union Chophouse Taqueria
- Bowl-Rito with grilled vegetables (no cheese or sour cream)
- Side of salsa, guacamole or queso
- Chips and salsa, guacamole or queso

Union Express
- Veggies with hummus
- Peanut Butter Snack
- Kize Bars
- Yogurt parfaits
- Hard boiled eggs
- Cottage cheese
- Tasty Bites® Microwaveable Meals

- Fresh fruit (whole)
- Celery or carrot sticks
- Special Kale Salad
- Strawberry Orange Salad
- Hummus and Monterey Jack wrap
- Veggie sandwich on whole wheat
- Variety of convenience store items

OTHER LOCATIONS

Business Perks
- Starbucks coffee and espresso
- Ancient Grain Salad
- Veggies with hummus
- Hummus and Monterey Jack wrap
- Yogurt parfaits
- Peanut Butter Snack
- Fresh-cut fruit
- Fresh fruit (whole)
- Hard boiled eggs

Café Libro
- Egg and cheese sandwich
- Hummus and Monterey Jack wrap
- Veggies with hummus
- Veggie sandwich on whole grain
- Yogurt parfaits
- Fresh-cut fruit
- Fresh fruit (whole)
- Peanut Butter Snack
- Celery or carrot sticks

HAVE QUESTIONS?
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