ADAMS MARKET

Express It!
- Fresh fruit (whole)
- Sushi with Gusto® Sushi
- Saffron Road® Frozen Entrées
- Tasty Bites® Microwaveable Meals

KERR-DRUMMOND

Country Barbeque Co.
- Dinner plate, sandwich, wrap, salad or potato with pulled chicken
- Baked or sweet potato
- Salad

Linguetti’s
- Spaghetti with marinara
- Cheese pizza with vegetarian toppings

The 405 Deli
- Create-your-own sandwich
- Create-your-own-salad

Twenty Something
- Sushi with Gusto® Sushi
- Saffron Road® Frozen Entrées
- Tasty Bites® Microwaveable Meals
- Kize Bars (without vanilla extract)
- Fresh fruit (whole)

NORTH DINING

Dash
- Greek yogurt or ice cream smoothies
- Frozen lemonade

The Natural
- Sunbutter and honey panini
- Sunbutter and grape jelly panini
- Sunbutter and jelly cold sandwich
- Customize your salad, gluten-free pasta bowl, flatbread pizza, hot panini or cold sandwich by choosing your cheese
- All breads, buns and pizza crusts are Halal-friendly

Road Trip
- Cheese or vegetable pizza

Zest
- Create-your-own pasta bowl, rice bowl or salad (omit feta cheese)
- All meats are Halal-certified

STUDENT UNION

Bread & Beyond Deli
- Create-your-own sandwich
- Hummus or egg salad sandwich
- Chicken salad made with Halal-certified chicken

Mambo Italiano
- Pasta with marinara sauce or Halal-certified alfredo sauce

Union Chophouse Taqueria
- Bowl-Rito with Halal-certified chicken or grilled vegetables (no cheese)

Union Express
- Veggies with hummus
- Peanut Butter Snack
- Tasty Bites® Microwave Meals
- Sushi with Gusto® Sushi
- Saffron Road® Frozen Entrées
- Fresh fruit (whole)

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HAVE QUESTIONS?

WHAT TO EAT
- Halal-certified chicken
- Cheese or vegetable pizza
- Broccoli
- Basmati or brown rice
- Vegetable fried rice
- Tofu stir fry with vegetables
- Rotating weekly menu with Halal-certified chicken curry, fish, vegan and vegetarian menu options
- Shakes and smoothies (choice of milk)
- Bowls Made Your Way (choice of milk)
- Peanut butter or almond butter sandwich
- Bowl-Rito with Halal-certified chicken or grilled vegetables (no cheese)
- Veggies with hummus
- Peanut Butter Snack
- Tasty Bites® Microwave Meals
- Sushi with Gusto® Sushi
- Saffron Road® Frozen Entrées
- Fresh fruit (whole)

Café Libro
- Fresh fruit (whole)
- Sushi with Gusto® Sushi
- Veggies with hummus

OTHER LOCATIONS

Café Libro
- Fresh fruit (whole)
- Sushi with Gusto® Sushi
- Veggies with hummus

UNIVERSITY DINING SERVICES