ADAMS MARKET
Express It!
- Fresh fruit (whole)
- Fresh vegetables
- Grab-and-Go items
- Microwaveable frozen meals
- Microwaveable frozen vegetables
- Plain salad
- Variety of convenience store items
- Veggies with hummus
- Yogurt
- Yogurt parfaits

The Hatch
- Corn on the cob
- Mashed potatoes
- Biscuit

KERR-DRUMMOND
Country Barbeque Co.
- Any sandwich, wrap or spud can be made vegetarian or vegan
- Baked or sweet potato
- Green bean salad
- Jalapeño corn bread
- Macaroni and cheese
- The Pioneer
- Potato salad or coleslaw
- Side salad
- Whole-grain roll

Linguetti’s
- Breadsticks with cheese
- Cheese or vegetable pizza
- Create-your-own fresh pasta or pasta bake
- French fries or cheese fries
- Garden salad
- Tortellini with Cowboy Sauce
- Veggie calzone

Twenty Something
- Cheese
- Eggs
- Fresh fruit (whole)
- Fresh vegetables
- Grab-and-Go items
- Microwaveable frozen meals
- Microwaveable frozen vegetables
- Salads
- Variety of convenience store items

The 405 Deli
- Botanical Garden Salad
- Farm Sandwich (Egg & Avocado)
- Jardot Sandwich (Caprese)
- Knoblock Sandwich (Insideout Grilled Cheese)

NORTH DINING
B & B, Co.
- Black Bean Burger
- Breakfast quesadilla (no meat)
- Cheese omelet
- Fresh-cut fruit
- Healthy Hash with spinach and mushrooms
- Morning potatoes
- Orange juice
- Scrambled eggs
- Starbucks coffee and espresso
- Tater tots or cheese tots
- Waffles
- Wheat toast

Carvery
- Baked potato
- Daily vegetable
- Macaroni and cheese
- Simple salad
- Vegetarian plate
- Whole-wheat roll

Dash
- Greek yogurt or ice cream smoothies
- Frozen lemonade (classic, strawberry, mango)

The Natural
- Customize any salad, gluten-free pasta bowl, flatbread pizza or panini sandwich to be made without meat and with vegan cheese
- Red lentil pasta with marinara
- Margherita panini with vegan cheese
- Sunbutter and banana panini with honey
- Sunbutter and grape jelly panini
- Sunbutter and jelly cold sandwich

Noodle U
- Buttered noodles
- Cold Vegetable Noodle Bowl

Road Trip
- Create-your-own pizza with vegetables
- Choice of crust Regular Crust or Cauliflower Crust
- Regular pizza crust without cheese/with veggies
- Cheese pizza
- Create your own mac & Cheese with vegetables

Zest
- Grilled vegetable gyro without sauce
- Grilled vegetable piadina without cheese
- Grilled vegetable rice bowl
- Romaine salad with Greek pico
- Romaine salad with kale tabouleh
- Romaine salad with Israeli couscous
- Mediterranean lentil pasta with grilled vegetables

Items listed in green are vegan
STUDENT UNION

Bread & Beyond Deli
• Create-your-own sandwich
• Create-your-own salad

Caribou Coffee
• Coffee and espresso
• Grab-and-Go items
• Hot and iced teas
• Lattes with choice of milk
• Specialty drinks

Chic Fil A
• Fresh fruit cup
• Fries

Mambo Italiano
• Breadsticks
• Choice of pasta with marinara sauce
• Choice of pasta with alfredo sauce
• Steamed broccoli

Passport
• Basmati or brown rice
• Vegetable fried rice
• Rotating weekly menu with vegetarian and vegan options

Plaza Corner Cafe
• Broccoli cheddar soup
• Tomato basil soup
• Classic grilled cheese
• Roasted veggie melt
• House salad
• Gouda Mac & Cheese

Red Earth Kitchen
Breakfast
• Build-your-own Greek yogurt
• Fresh Fruit
• Biscuit
• Overnight oats (choice of toppings)
• Scrambled eggs
Lunch
• Daily vegetarian entree
• Daily Vegetables
• Fresh Fruit

Shake Smart
• Shakes and smoothies (choice of milk)
• Bowls Made Your Way (choice of milk)
• Peanut butter or almond butter sandwich

Union Chophouse Taqueria
• Bowl-Rito with grilled vegetables (no cheese or sour cream)
• Black beans
• Spanish rice
• Side of salsa or guacamole
• Chips and salsa, guacamole
• Nachos with grilled vegetables
• Smothered burrito with grilled vegetables
• Cheese quesadilla
• Quesadilla with grilled vegetables

Union Express
• Fresh fruit
• Fresh vegetables
• Grab-and-Go items
• Tasty Bites® Microwaveable Meals
• Variety of convenience store items

OTHER LOCATIONS

Café Libro
• Cheese pizza
• Fresh fruit
• Fresh vegetables
• Grab-and-Go items
• Three-cheese marinara pasta
• Tomato mozzarella sandwich
• Variety of convenience store items

Roots
• Fresh fruit
• Fresh vegetables
• Grab-and-Go items
• Variety of convenience store items

BENNETT HALL

Fast Break
• Fresh fruit (whole)
• Hard boiled eggs
• Peanut Butter Snack
• Variety of convenience store items
• Veggies with hummus
• Yogurt parfaits

Slam Dunk
• Bagels and biscuits
• Create-your-own sandwich, wrap or salad
• Egg and cheese burrito or biscuit
• Walking breakfast (without sausage)

Items listed in green are vegan